



- Overworking • Overeating • Guilt
- Overspending • Grief • Shame
- Anger/Rage • Lying • Guilt • Abuse
- Fear/Anxiety • Divorced • Gambling
- Sexual Addictions • Codependency
- Perfectionism • Hurtful relationships
- Procrastination • Alcohol • Drugs
- The need to control

**Luke 4:16-19 (NLT)**

16 When he came to the village of Nazareth, his boyhood home, he went as usual to the synagogue on the Sabbath and stood up to read the Scriptures. 17 The scroll of Isaiah the prophet was handed to him. He unrolled the scroll and found the place where this was written:

18 “The Spirit of the Lord is upon me,  
 for he has anointed me to bring Good News to the poor.  
 He has sent me to proclaim that captives will be released,  
 that the blind will see,  
 that the oppressed will be set free,  
 19 and that the time of the Lord’s favor has come.”

20 He rolled up the scroll, handed it back to the attendant, and sat down. All eyes in the synagogue looked at him intently. 21 Then he began to speak to them. “The Scripture you’ve just heard has been fulfilled this very day!”

**Matthew 11:28-29 (NLT)**

28 Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. 29 Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

When we can’t solve a problem we usually seek \_\_\_\_\_ who can fix it.

***Observations:* Luke 4:16-21**

1. God generously gives us the \_\_\_\_\_ without us having to earn it or pay for it.
2. When what you lack is provide freely, that’s \_\_\_\_\_ news.
3. Jesus has the power to free us from what \_\_\_\_\_ us.
4. Jesus has the power to free us from what \_\_\_\_\_ us.
5. Jesus has the power to free us from what \_\_\_\_\_ us.

***Summary:*** Jesus Christ is the \_\_\_\_\_ to our problem!

***Practical:***

- A. \_\_\_\_\_ He is your solution.
- B. \_\_\_\_\_ Him as the daily Leader of your life.
- C. \_\_\_\_\_ His prescription:

His \_\_\_\_\_  
 His \_\_\_\_\_  
 His \_\_\_\_\_